

# Queen Adreena, My Silent Undoing

My silent undoing  
My silent undoing  
My silent undoing  
My wasp in a jar

Protruding hips and skull and spine  
Rib cage cuts a clear outline  
All roped up and pinching in  
Distorted and disfiguring

My silent undoing  
My silent undoing  
My wasp in a jar

No photographs around the back  
Emaciated ironed flat  
Dehydrated cutting bones  
Today I'm over 7 stone

My wasp in a jar  
My wasp in a jar  
My wasp in a jar  
Twinkle little star  
My wasp in a jar