Radio Head, Fitter Happier

Fitter happier More productive Comfortable

Not drinking too much

Regular exercise at the gym (3 days a week)

Getting on better with your associate employee contemporaries

At ease

Eating well (no more microwave dinners and saturated fats)

A patient better driver

A safer car (baby smiling in back seat)

Sleeping well (no bad dreams)

No paranoia

Careful to all animals (never washing spiders down the plughole)

Keep in contact with old friends (enjoy a drink now and then)

Will frequently check credit at (moral) bank (hole in the wall)

Favours for favours Fond but not in love

Charity standing orders

On Sundays ring road supermarket

(No killing moths or putting boiling water on the ants)

Car wash (also on Sundays)

No longer afraid of the dark or midday shadows

Nothing so ridiculously teenage and desperate

Nothing so childish At a better pace

Slower and more calculated

No chance of escape

Now self-employed Concerned (but powerless)

An empowered and informed member of society (pragmatism not idealism)

Will not cry in public Less chance of illness

Tires that grip in the wet (shot of baby strapped in back seat)

A good memory

Still cries at a good film

Still kisses with saliva

No longer empty and frantic

Like a cat

Tied to a stick

That's driven into

Frozen winter shit (the ability to laugh at weakness)

Calm

Fitter, healthier and more productive

A pig

In a cage

On antibiotics

(This is the Panic Office, section nine-seventeen may have been hit. Activate the following procedu