Rascal Flatts, Stand

You feel like a candle in a hurricane Just like a picture with a broken frame Alone and helpless Like you've lost your fight But you'll be all right But you'll be all right

'Cause when push Comes to shove You taste what you're made of You might bend Till you break 'Cause it's all you can take On your knees You look up Decide you've had enough You get mad You get mad You get strong Wipe your hands Shake it off Then you stand Then you stand

Life's like a novel With the end ripped out The edge of a canyon With only one way down Take what you're given Before it's gone Start holding on Keep holding on

'Cause when push Comes to shove You taste what you're made of You might bend Till you break 'Cause it's all you can take On your knees You look up Decide you've had enough You get mad You get mad You get strong Wipe your hands Shake it off Then you stand Then you stand

Every time you get up And get back in the race One more small piece of you Starts to fall into place

'Cause when push Comes to shove You taste what you're made of You might bend Till you break 'Cause it's all you can take On your knees You look up Decide you've had enough You get mad You get strong Wipe your hands Shake it off Then you stand (Then you stand) Then you stand (Then you stand) Yeah then you stand (Then you stand) (Then you stand)