Rilo Kiley, A Better Son/Daughter

Sometimes in the morning I am petrified and can't move

Awake but cannot open my eyes

And the weight is crushing down on my lungs

I know I can't breathe

And I hope someone will save me this time

And your mother's still calling you insane

And I swear that it's different this time

And you tell her you give in to the demons that possess her and that god never

blessed her insides

Then you hang up the phone and feel badly for upsetting things

Crawl back into bed to dream of a time when your heart was open wide

And you loved things just because

Like the sick and the dying

And sometimes when you're on

You're really fucking on

And your friends they sing along

And they love you

But the lows are so extreme

That the good seems fucking cheap

And it teases you for weeks in its absence

But you'll fight and you'll make it through

You'll fake it if you have to

And you'll show up for work with a smile

And you'll be better

And you'll be smarter

And more grown up and a better daughter or son

And a real good friend

And you'll be awake

You'll be alert

You'll be positive though it hurts

And you'll laugh and embrace all your friends

And you'll be a real good listener

You'll be honest

You'll be brave

You'll be handsome and you'll be beautiful

You'll be happy

Your ship may be coming in

You're weak but not giving in

To the cries and the wails of the valley below

And your ship may be coming in

You're weak but not giving in

And you'll fight it

You'll go out fighting all of them.