Rollins Band, Up For It

I take time thinking about the moves I'm gonna have to make I take time thinking about the rules I'm gonna have to break it's always push and shoving sometimes it comes to nothing sometimes it's more than a mere mortal man can take I'm up for it I'm up for it I'm up for it I'm up for it the day to day can become such a trip the mediocre can make you lose your grip it's all on you and what you've got you can play it cool or make it hot I pay the price and take my shot stay up for it I'm up for it I'm up for it I'm up for it burning out, wearing thin can't believe the shape you're in there's always somebody who's gonna try to make it worse there's always a line to stand in as long as I'm still standing you best believe I'm gonna make other plans stay up for it stay up for it stay up for it up for it, up for it I am up for it man time, time, stop wasting mine, mine don't stand their crying, crying just make up your mind time, time, stop wasting mine, mine don't stand their crying, crying just make up your mind stay up for it stay up for it stay up for it stay up for it man I take time thinking about what I'm gonna have to do what it takes, how it is and when I'm gonna light the fuse all this push and shoving in the end all amounts to nothing I'll never get a second chance looking me in the face I'm up for it I'm up for it I stay up for it I stay up for it the day to day can become such a grind the mediocre can make you lose your mind it's all on you and what you've got you can play it cool or make it hot I pay the price and take my shot stay up for it I'm up for it I'm up for it I'm up for it ? or now in future shock by the numbers?? stop there's always somebodys who's gonna try to take your brain as long as they're selling something I'll be smelling something I've seen them come and go so many times I'm up for it

I stay up for it

I stay up for it I stay up for it now what else are you gonna do?