Rudimentary Peni, The Cloud Song

The Black Cloud gathers smothers my Brain As i cry another tear in this struggle of Pain Another hurdle to clear is it all the same Is the conquest of pain my only Aim?

The Pain has got to Stop, it's eating into me, My apathy upholds this misery, this hatred for myself will Destroy me If i don't to give it the love it needs

Have you ever realised you must love Yourself if you don't than can you love anybody else? Nobody can reach you through your personal hell Youll just eat yourself away in your tourtured shell.