

# Ry Cooder, ALWAYS LIFT HIM UP/KANAKA WA

(Alfred Reed)/(Traditional)

(G) - (C) - (D)

(G) When a fellow has the blues and feels discouraged  
And there's (C) nothing else but trouble all his (G) life  
When he's always grumbled at and never happy  
Living with a scolding, aggravating (D) wife  
If he's (G) sick and tired of life and takes to drinking  
Do not pass him by, don't greet him with a (C) frown  
Do not fail to lend a hand and try to (G) help him  
Always lift him up and (D) never knock him (C) down (G)

If he stays out late at night because he's worried  
And because his home is not what it should be  
Have a smile for him whenever you should meet him  
It would help him just the right way, don't you see  
If he gambles when he's in the town or city  
Tell him what he ought to do to gain the crown  
Lend a hand and do not fail to show him pity  
Always lift him up and never knock him down

If he cannot pay his debts and feels disgusted  
If he's blue and doesn't have a word to say  
Let him know you are his friend who can be trusted  
It would cheer this lonely fellow on his way  
If he finds it hard for him to keep his family  
Let a kind word greet his ear when he's around  
Don't say anything at all to make against him  
Always lift him up and never knock him down

If he has no friends and everyone's against him  
If he's failed at everything that he has tried

Try to lift his load, to help to bear his burden  
Let him know that you are walking by his side  
And if he feels that all is lost, and he is falling  
Try to place that poor man's feet on solid ground  
Just remember he's some mother's precious darling  
Always lift him up and never knock him down  
Always lift him up and never knock him down