

# Seed, Release

Oh god release, stress and pressure make me freeze  
Gimme some sunshine and peace  
Just a little break please, from that dreadful disease  
Nowadays pressure increase

Oh god release, stress and pressure make me freeze  
Gimme some sunshine and peace -  
An a good girl fi please, take a rest smokin trees -  
Away from dat wicked disease

Verse Enuuff:

High fidelity rebellion! Gimme a 20 million dollar sound fi kill  
An send dis tune on a mission  
In the seeds we sow by singin dis tune  
Is the cure an the healing, we treat bad feelings - 'cause:  
You feel the pressure when you workin from 9 to 5  
You feel the pressure, soppm must happen inna your life  
Free your mind, &quot;everybody a online&quot;;, music is the cure  
If you cyaan take it no more

Verse Eased:

We need a hit  
Still hear the promoter say come on  
Gimme a hit  
We know that you've been working really hard  
Never quit  
Your stuff 's kinda wicked but it really  
don't fit  
As you know time is money so come on  
better be quick

Don't forget we need time to shoot a video  
Let's face it we need a scandal on a tv-show  
Gimme a cheesy hook to push it on the radio  
I'm in the biz, I've gotta know  
Believe me, that's the way it goes.

Bridge:

Wanna cut out and lie in the sun  
Catch a brease and go sip on mi rum  
There's no need to hide or to run  
Cause all the fears and the worries are gone  
Right a now man its time to move on  
Wanna champion girl inna mi arm  
She give me love and sweet devotion  
Rest gonna come dis bridge is don

Verse Ear:

I am satisfied  
When i do what i like  
I would not go for a fight  
I try to turn up the light  
Let me choose right  
Show me your sight  
Before i decide  
What dream i ll ride  
Which queen might  
Be the one ya  
To sweetn my night

To feed my hunger  
We re more than friends  
Mek love last longer  
Than one night stands  
Let love get stronger  
Than laws and plans  
I burn  
O thunder you make me wonder  
Under your spell gimme a chance