

# Selah, You Raise Me Up

When I am down and, oh my soul, so weary,  
When troubles come and my heart burdened be.  
Then, I am still and wait here in the silence,  
Until you come and sit awhile with me.

## CHORUS:

You raise me up, so I can stand on mountains  
You raise me up, to walk on stormy seas  
I am strong, when I am on your shoulders  
You raise me up.. to more than I can be.

## REPEAT CHORUS

There is no life - no life without its hunger  
Each restless heart beats so imperfectly  
But when you come and I am filled with wonder  
Sometimes, I think I glimpse eternity

You raise me up, so I can stand on mountains  
You raise me up, to walk on stormy seas  
And I am strong, when I am on your shoulders  
You raise me up .. to more than I can be  
You raise me up .. to more than I can be