## Sentenced, My Slowing Heart

I gave and gave - gave all I had I took and took - all I could grab I had it all and I had none Now the game is over and it's all gone

My heart is worn out to keep beating My lungs exhausted by all this breathing My mind's too tired to keep grieving

I was against and I was for I wanted less and wanted more I won I lost, I lost and won Now it's all over and I am done

My throat is too sore for more screaming My eyes too swollen for more weeping My wounds are too dry for more bleeding My blood too drained for more streaming

My heart is slowing down

Long short is life is short and long Strong weak am I am weak and strong My crop is ready for the Reaping My being ready for releasing

My heart is slowing down