

Shadows Fall, The First Noble Truth

As reality washes away the faded memories of daylight

This is my escape

Realization of my mind's own deceit

Perception Slips away

Lulled into a fools paradise

Words mislead again

the agony of imaginary sins and fears

truth of suffering

Buried dreams that shadow me, I feel it's all been wasted (Dreams that shatter me)

Break my dreams to free my soul because I won't even notice (Dreams to free my soul)

Disintegration of the ego with this mind creates

False idea of self

The cessation of continuity and becoming

True enlightenment

Buried dreams that shadow me, I feel it's all been wasted (Dreams that shatter me)

Break my dreams to free my soul because I won't even notice (Dreams to free my soul)

Someone free me from heaven torn asunder

full of empty promises to be there if I wonder (Alone and wandering)

Will not remain enslaved

This world's transparency

I see right through

I walk alone

As reality washes away the faded memories of daylight

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Break my dreams to free my soul because I won't even notice (Dreams to free my soul)

Someone free me from heaven torn asunder

full of empty promises to be there if I wonder (Alone and wandering)

Extinction of thirst

Extinction of desire

Extinction of hatred

Extinction of illusion

This is absolute.