Sick Of It All, Trenches

Back down once again, back down into the trench Is that it to this life Thoughts of another day, the thought of better days Is what will keep us alive

Another day, another damn week Just passing the time Ignoring all the dullness at it's peak As I watch the paint dry

How can we justify and say that we're alive When we can barely survive How long 'till we see that our humanity Is slowly rotting away

Waiting, waiting, waiting, burning my time As it sucks dry my life Waiting for the break that never fucking comes The fruitless hope, still alive