Sigrid, Bad Life (feat. Bring Me The Horizon)

Everyone's damaged A little depressed Every now and then we get that feeling in our chest(s) Some days I'm a loser Brush my teeth in the dark Head above water In a swimming pool of sharks

It's hard to get up out of bed
When everything is on its head
& nothing seems to make any sense
Like a bandaid on a bleeding heart
I fake a smile and fall apart
& no one ever knows I'm a wreck

When the world is on your shoulders
And the weight of your own heart is too much to bear
Well I know that you're afraid
Things will always be this way
it's just a bad day
Not a bad life

Everything's backwards
And I'm hanging on
But no matter how hard I try i always come undone
Backed in a corner
Uncomfortably numb
Watching myself become a shadow in the sun
It's hard to find a place to hide
When you're running from what's inside
No matter where you go, there you are
So tonight I'll go to war with me
Cos I'm my own worst enemy
And i don't wanna fight anymore

When the world is on your shoulders
And the weight of your own heart is too much to bear
Well I know that you're afraid
Things will always be this way
But it's just a bad day
Not a bad life
And I know it feels so hopeless
And I know how close you are to the edge right now
So I wrote this song to say
Things won't always be this way no
It's just a bad day
Not a bad life