Small Brown Bike, A Declaration Of Sorts

This is the last time that I feel lonely and sorry for myself.

It's getting worse without your help.

This is the last time that I feel tired.

I've tried to sleep at night and days walk by without much light.

Let me give back just a little.

Let me give back just a little this time.

Let me get back to the middle.

Let me get back to the middle this time.

This is the last time that I feel broken.

I've tried to fix this mess.

For years and years I fight my stress.

This is the last time that I feel helpless.

I've forced out every word and it still feels like I won't be heard.

Won't you help me?