Staind, A Flat

Trust in me, can't trust
I know, I don't believe it
All my life so scarred
What for, you can't conceive it
Everything you fear
I'll be, you couldn't live it
I whisper in your ear
So loud, why can't you hear it?

I'm OK (x4)

All my faith is gone You think, I couldn't find it Pieces falling down Shattered, nothing behind it In my mind alone Lost here, I'm separated Crawl deeper in my hole Safe here, from what I've hated

Chorus:

All the demons in my head won't leave me I know, I can hear them
All the sacrifices made for nothing
Don't show, can't believe in
Wanna show you that I'm good for something
I can't, you won't let me
All your artificial words won't heal me
Because you can't accept me

And I hate myself And I hate my face And I hate my world And I hate my ways

And I.. (x4)

I'm not OK (x3)

I'm OK (x4)

Trust in me, can't trust
I know, I don't believe it
All my life so scarred
What for, you can't conceive it
Everything you fear
I'll be, you couldn't live it
I whisper in your ear
Fuck, why can't you feel it?

Chorus:

All the demons in my head won't leave me I know, I can hear them
All the sacrifices made for nothing
Don't show, can't believe in
Wanna show you that I'm good for something
I can't, you won't let me
All your artificial words won't heal me
Because you can't accept me

I don't believe it (x2)