

# Staind, For you

To my mother  
to my father  
it's your son or  
it's your daughter  
are my screams  
loud enough for  
you to hear me  
should i turn this up for you

\*CHORUS\*-----

i sit here locked inside my head  
remembering everything you said  
the silence gets us nowhere  
gets us nowhere way to fast

\*CHORUS\*-----

her silence  
is what kills me  
i need someone  
here to help me  
but you don't know  
how to listen  
and let me make  
my decision

\*CHORUS\*

your insults  
and your curses  
make me feel like  
i'm not a person  
and i feel like  
i am nothing  
but you make me  
so do something  
cause i'm fucked up  
because you are  
need attention  
attention you couldn't give

\*CHORUS\*