Staind, For you

To my mother to my father it's your son or it's your daughter are my screams loud enough for you to hear me should i turn this up for you *CHORUS*----i sit here locked inside my head remembering everything you said the silence gets us nowhere gets us nowhere way to fast *CHORUS*----her silence is what kills me i need someone here to help me but you don't know how to listen and let me make my decision *CHORUS* your insults and your curses make me feel like i'm not a person and i feel like i am nothing but you make me so do something cause i'm fucked up because you are need attention attention you couldn't give *CHORUS*