

# Staind, Question

Which  
way do I go?  
Pain I swallow I cannot keep it down  
Hate I swallow I cannot keep it down  
Down  
You I hate you I cannot keep you down  
You I'll rape you I cannot keep it down  
Down  
You before me  
I can't take any more  
Of what you have to offer  
My ears are sore  
Leave my feelings  
In a heap by the door  
Can't go up any further  
Come crashing back down