

Staind, Self Destruct

Watch me suffer
You'll feel better
Stick the needle in my veins
Lost my feelings with my dealing
Thoughts of only you remain

Fuck(x8)

Rip and tear
In my despair
Agonizing over shit
Feel the needle burn and tingle
My bad habits deal with it

Chorus:
Fuck(x8)
I will self destruct (x4)

My light has slowly faded
Broken and degraded
Suffocate in my sorrow
Mabye I'll die tomorrow
This riot that I've sited
Came to you uninvited
Truth hurts when it's in your face
Are you afraid of it?

I will self destruct (x4)

I Think I'm gonna, think I'm gonna - I will self destruct
I Think I'm gonna, think I'm gonna - I will self destruct
I Think I'm gonna, think I'm gonna - I will self destruct
I Think I'm gonna, think I'm gonna - SNAP

I self destruct my mind
I self destruct my world
I self destruct my life (x6)