Suicidal Tendencies, Love Vs. Loneliness

How can you love someone If you think that you're no one When you mistreat yourself, and think it's all you deserve Cause it's so hard to care Is this or is it loneliness?

How can you demand respect - when you have no respect? When you abuse your body, never mind your mind And you're your own worst victim There'll be no love just loneliness

Why do you force a smile - when you know all the while That you're burning inside, but don't want no one to know The hell that you're in As love turns to loneliness

How can you sleep at night?
When you know it's not alright
When you wake up in the morning, nothin' has changed
If you do nothin' about it
Love becomes loneliness
Love vs loneliness, love vs loneliness

And when you're down and you think you need something The temptations so hard to resist But what you grab sure ain't what you needed That's not love it's loneliness And when you're lonely and think you need someone The plot a painful twist There ain't no one that can make you feel like someone Only you can cure loneliness

How can you be confident when you're all wrong with it When you know what you're doing and you're doing it wrong It's no misunderstanding This ain't love this is loneliness How can you love someone - if you think that you're no one?