The Arrogant Worms, Hernia Belt

One day I sang an aria that caused a hernia it was a massive bulge to the doctor I divulged that I still had to play though it caused me massive pain I wont throw in the towel just please hold in my bowels

I love my hernia belt I love my hernia belt it'll keep my guts inside me til the end of the show

I've got a little friend down there (not that one) a different little friend down there a better one you can't find to hold in your intestines a high fashion wrap that hits beneath the belt I don't cause a fuss in velcro I do trust

I love my hernia belt I love my hernia belt it'll keep my guts inside me until I have my surgery

what are they gonna shave what are they gonna save when they fix my hernia hope the doctor doesnt slip when he cuts into my skin I just want to piss in one direction!

now I love my hernia repair I love my hernia repair it'll kep my guts inside me for the rest of my life