

# The Arrogant Worms, Hernia Belt

One day I sang an aria  
that caused a hernia  
it was a massive bulge  
to the doctor I divulged  
that I still had to play  
though it caused me massive pain  
I wont throw in the towel  
just please hold in my bowels

I love my hernia belt  
I love my hernia belt  
it'll keep my guts inside me  
til the end of the show

I've got a little friend down there (not that one)  
a different little friend down there  
a better one you can't find  
to hold in your intestines  
a high fashion wrap  
that hits beneath the belt  
I don't cause a fuss  
in velcro I do trust

I love my hernia belt  
I love my hernia belt  
it'll keep my guts inside me until  
I have my surgery

what are they gonna shave  
what are they gonna save  
when they fix my hernia  
hope the doctor doesnt slip  
when he cuts into my skin  
I just want to piss in one direction!

now I love my hernia repair  
I love my hernia repair  
it'll kep my guts inside me for the rest of my life