The Roots, The Session (The Longest Posse Cut

(Black Thought)

From the Tunnels in the wee hours of the black morning From The Roots sprout the Foreign Objects family tree This is mad abstract All the way live from Philly, we got the hip-hop coalition called the Foreign Objects in effect It's like dat, now dig

(?uestion/Ahmir Thompson) Mr. Trotter, a.k.a. (BT/Tariq Trotter)
Well um, Black Thought from The Roots y'all

(?uestion/Ahmir Thompson) Mr. Simmons, a.k.a. (AJ/Joseph Simmons) A.J. Shine, The Dollar Sign, funky bid'ness

(?uestion/Ahmir Thompson) Mr. Pitts, a.k.a. (LA/Micah Pitts) Lord Akil, social misfit

(?uestion/Ahmir Thompson) Mr. Greene, a.k.a. (MM/Tony Greene) Straight from Sector 6 it's Mr. Manifest

(?uestion/Ahmir Thompson) Ms. Thompson, a.k.a. (SNM/Terresa Thompson) Shorty... pussy (Oooooh!)

(?uestion/Ahmir Thompson) Mr. Cee, a.k.a. (Myself ? ? ?) Myself, me Myself and I

(?uestion/Ahmir Thompson) Mr. Dorsey, a.k.a. (PP/Jamal Dorsey) Pazi Plant, The Soul Plant

(?uestion/Ahmir Thompson) Mr. Armstead, a.k.a. (Bo/Conway Armstead) Bo-watt, The Rhythmic Priest

(?uestion/Ahmir Thompson) Mr. Basset, a.k.a. (MB/Malik Basset) Malik Blizzunt, Foreign Objects

(?uestion/Ahmir Thompson) Mr. Thompson, a.k.a. (B?/Ahmir Thompson) BROther ?uestion, from Square Roots y'all (yeah, ha-hah)

(BROther ?uestion)
And we the Foreign Objects (yeah, yeah)
And it's like this..

Now get loose, get loose, Malik B get loose And just rock heartbeat showin you got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(Malik Blunt)

Yes, I will address and press about my microphone me-ssiah, am the best siah? Yes-I am most quick to go because I'm equipped to flow a script I will just slay and disobey, I will display banana clips that slaughter with the words and the herds of the verbs I gots the urge to splurge, like a Bosnian Serb

A-drift I means a-draft I means I riff I means I raff Rap's ca-tas-trophe, don't want no brass tro-phy So okey-dokey folks, most provoke me? so hold your? was willin, cause I'm strollin with the quotes Like Shakespeare, Mark Twain, or Edgar Allan Poe But since I'm a ne-gro, I flows like Maya Ange-lou No banja-lo was played, I means banjo betrayed so the guitar, had to take the bitch off, and slay You might think I'm a rookie or an amateur, but put me on a panel or a channel I'll dismantle like the vandal-er I meants to say the scandalous, vandalous, handle this like my man Emilio, what y'all should really know You couldn't get the picture, if you was in an orchard or fortress, (so you niggaz better forfeit)

(BROther ?uestion)

Now get loose, get loose And just rock heartbeat showin you got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(???)

Picture this as I get rugged with the scrpiture Evacuatin scenes, spreadin thoughts like a drifter I exit through my state of greater elevation, unifying grains through the force of the imagination, you dig what I'm saying? But I see your mind's playing tricks You thought you got the channel but you couldn't get a fix upon my mental -- I keep it complicated Explosion of the spirit cause I opened up my soul and created So now you dig the flavor, you're tasting what I gave ya Seeping through the cellar cause I be the freak of nature With, the images that I hold in my head I be the kid from the Fifth, so y'all holding what I've said I've said, I be the omnipresent factor from the void Fatter is the flow, so my styling is employed I'm ragged, pants worn bagged, and umm the ghetto be my home so I shouts to the slum Come, the misfit's got a tale, take you on a mad trip The thoughts unveil I'm too deep, you sinks down, I creeps round, the lowest of the levels, the positive raps that kill devils The abstracts, right and exact, knapsack's on the back Rip poetical flows upon the track My thoughts escape onto a tape, you'll play it back and listen, I brought to your mind what's missing

(BROther ?uestion)

Now get loose, get loose, Pazi Plant get loose And just rock heartbeat showin you got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(Pazi Plant)

I'm hip to release ill units, I displays major soul
The ? out, so soul stays rhythmatic
to the static when it plays, levels from the bass
They chase but they'll never catch my patt-er-ns
Soul surrounds this Plant like the rings upon Sa-tur-n
Yo, I'm fatter than many, came to kick away any job
Umm, cat, conniver if it's abstract I'm liable
take portion cause I'll fly that head ?
Dig the jazz that's closets from the Paz be-low bugged
Groovy like the nickel bag of love, slidin
through the groovy fuzz, Plants is the buzz

Mad abornmal, is my flow, much confusion, enhanced in My scenario's too advanced'n, for duplication If it's violation, soul power, will shower ya defenses now you're falling, and crawling Cause your styles are infantile not poetically correct to test I'm laughin at ya, lyrical stature, cause my status be that is the coolest kid to do a bid on fakers with the grammar that be blamma, back in eighty-three I was the Grand Fruit Jammer, but now I gets down and wreck shit with the Foreign Objects.. Yeah that's right, the Foreign Objects

(BROther ?uestion)

Ahhh yeah, now two check, two check Now check it out, now check it out Get loose, get loose, Myself???get loose And just rock heartbeat showin you got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(Myself ? ??)

Kinda like, ? catch, of the day is mad wreck I raise heck, no raise hell, you plays back, your tape's ill Show me just exactly what it is you want, I give you what we got We got flow, we got soul, we get off, a lot So lock up, your doors, cause I'm Busting Loose like Richard Pryor, setting stuff on fire We got funky, rhymes Stuff you had swinging, like a monkey, I'm always hanging 'round, living off of Vine as in West Philly, 56th Street The kids be getting jay'd on the corner Swing my hat to the back, Kangol, no maybe 5 Soul Not no bootleg treat, you get from 52nd Street, word up Word to life, word is bond, word to God I'm like the bean he's like a bean I guess the stage is like a pod, ain't with no metamorphosistically I kiss a licorice and any miss I wish to kiss or else I diss like this So I step to the left, drop the mic, catch my breath then, watch the Foreign Object catch wreck, uhh

(BROther ?uestion)

Get loose, get loose, Shorty get loose And just rock heartbeat showin you got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(Shorty No Mas) Can I kicks it?

I kicks it for the others so I kick it for you I gotta nag a dog and note to Billy - I gets down Sound's got a lot I got my own I'm throwin passes Asses are grabbed, when I swing with The Roots Suits, I got none, but throwin off that accoutrements ever since I winced at the thought of a dress Yes you might be wantin to consider me a tomboy Boy get it right, I'm still strictly lovin men Send me your love, don't ever think I don't need it Shit I got problems, can you help me out? Shout a little louder if you're sure that you hear me Fear me not, I'm just another average girl Curls in my head, and yeah I think I look good Should I be the one, to break the bad news? Snooze when I'm tired, not when I'm hype, your type

Yo I just came off!

(BROther ?uestion)
Get loose, get loose, Manifest get loose
And just rock heartbeat showin you got juice
And have fun (HAVE FUN) have fun (HAVE FUN)
Have, HAVE, HAVE FUN!!!!

(Mr. Manifest)

Introducing lyrics for the year of ninety-three The black brainchild is about to kick the groovy speak out the head, provided for the hardrocks Here to resurrect the ghetto beats for the blocks You can dig the styles cause the styles are for the digging A fat sack of soul, that's how the Sector roll Never making fake material, why should I? The mind is so equipped to rip, so why would I give you less than that, you in fact, this is where it's at cause lyrics I've provided is about to swing the bat and shake up the levels from New York to Montego It's all about the lyrics, it's not about the ego Quick to make a jam and slam sound like the pro that I am It's profound, like the kids from the underground Every single lyric is prepared, in the hunt for the metro with scoops of fat loops and funky lingo Level's being felt, all over in the fifty states Breaking more beats than my moms breaks the china plates Transmitting, hitting areas we freak with funk when we come to planet Earth, with a trunk of fat, soul Alert doing work on the everyday Here to bring the swing like my man Donny Hathaway Just, follow the dotted line, and do what we do Because you gotta get a grip, if you want your shit

(BROther ?uestion)

Now get loose, get loose, Lord Akil get loose And just rock heartbeat showin you got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(Lord Akil)

Umm, from the Southern side of Philly yet of The Roots there comes me, who? The janky little brother of Mr. Bruce A jazz kickin kid who flows, like the river Jordan Not fond of Honda scooters, but I'll take an Accord and zoom right through your borough, because I'm crazy thorough No offspring running 'round but no my penile is not sterile Collects the crazy papes from, selling crazy tapes, umm Big heads be gettin swollen, I crush em just like grapes The level that I'm zoning, the one that's on the third Eatin buds or mad grass that gets you HIGHER than a bird Kinks, be in the head, cause I leave the curls to Jheri Got mad souls out the ass with shit, fat like William Perry A poor black kid with rhythm, a eye for jazzy beats Straight from the underground, found new life on the South Streets We ? off the jams that will uplift the people's souls Cause the Objects that are Foreign, the kids with baggy clothes are the cats that I'm coolin with, when we be together Two and two equals four but Foreign Objects be forever So, just let me flow as I reach up to the next plateau And then you'll give me my respect Uhh, cause I'm a Foreign Object

(BROther ?uestion)

Now get loose, get loose, A.J. Shine get loose And just rock heart-beat showin you got the juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(A.J. Shine)

First off, I'm burstin off shots of gab and gettin lifted by the gift, I start to jab The rhymes that I grab send schools to the slab As I write scores, the funky orator's gone on some next ish lookin for the next fish with a wish that used to be a duck but now you're stuck dumbstruck Trying to hang but you can't swim I think you're fucked You traded in your blues for boom, tap shoes I do shows and change all opposing views I get down, I go up as I blow up cause I got this O.M.B. rhyme you can't defuse Yeahhh, here to rock all of you rockers When I carry the ball, I stay be-hind my blockers I move swift, I needs no lift I don't have to riff because I shift the gift and now my name is Joseph Simmons, but I'm not Run With the mic in my hand, I've only just begun to hold mine, I'ma goldmine plus a ton The way I shine, I be the rising sun, huh! How many times must I have to say this I never miss yo when I display? From styles I paint the funky picture I portray and before I hit the court I made it my forte cause I got this, you can come and get this, cause my method is the most and I boast so you can bet this is like the best of the rest of the flock And now you're walkin down the hallways of the Always Jock Abbreviated A.J. here for the day Bustin rhymes in your face while I'm fadin away It's like that y'all, and ya don't stop The funky Bid on the root with the hip-hop

(Black Thought)

Now.. get loose, get loose, ?uestion get loose And, rock heart-beat showin YOU got juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(BROther ?uestion)

It's me the BROther ?uestion on the M-I-C to flow To bust a fat rat-a-tat rhyme one mo' gen' I'm flexin with my mental verbalistic chocolate Sucker know you're listenin so please get off of it A score and two years ago began the ?uestion's mission South of 52nd Street, on? and anybody wanna diss the sure shot body rock fresh flowin dude, we can take it to the stage Sucker, Foreign Objects coming soon From the rat cave to a room with a view My brother's B.G., and my band is Josh U And the stank whole rhythmic funk, plus my nuc' You can comprehend the verbal letters that I send Ahh, ooooh, ahhhh, like Boyz II Men I don't have a Benz-y shoes are walkin like Jimmy Make em say, " Yo ?uestion's demi, " make em squeal like ? Man, yo, I jams on every gram Move out the way, I gets on, rockin round the clock In school I used to doodle, nowadays I use my noodle

And I'll be rockin planets, and soon I'm livin fatter I'm a levelheaded son who knows where I came from Umm, lights, camera... ?uestion

(???)

Get loose, get loose, Black Thought get loose And just rock heartbeat showin you got the juice And have fun (HAVE FUN) have fun (HAVE FUN) Have, HAVE, HAVE FUN!!!!

(Black Thought)

Well umm, yik-yik yak-yak, chi-chi-chi-ka-SPLACK Thoughts that I stutter and brother that I left back behind Lines of swine I'm qualified for groovy stew achoo I caught the boogie like the flu and God Bless the Black Cardiac cerebral abstract cathedral The mental is the temple and the central sees you tryin to flam! Man I catch a lift like Bob Mar-ley, and par-lay On airy clouds I drop, bombs like a Sau-di, Arabian Flocks I rocks like Fabian It's the nipple sex upon the grits that call me baby and run a finger, through the knaps of the rap, singer that pull a scat, from the stack, that I keep in the shack of my soul, bring the bowl I got the flat out good That's why I'm dug by the hippies plus the pimps and hoods in the slum, could I umm, come, should I umm, come Yes I does, and gets down said I wasn't know that I was but they gel, that's why they blow up cause they didn't give spect to the erector of the Foreign Object, I collect, to preserve Plus develop and envelop in The Roots of rhyme Yo that's the end of the line, I got mine, and I'm out

(Brother ?uestion)
A-ha! Ahh, suki suki now
It's the Brother ?uestion
and now you know how it is
when the Foreign Objects get wreck
Like that, yeah, ha ha
And we out y'all, and we out y'all
And we out y'all...