

Therapy?, Rise Up (Make Yourself Well)

Check the shape of your eyes
You're taking too much
And loosen your smile
You're pushing too hard
You're lost for words
For what it's worth
The years ache on
You get the face you deserve

Time will heal these scars
I don't need your help
The melody's choked
Stuck in a swollen throat
Self-medicated and over-served
The tell-tale signs
You make your fate when you

Rise up, rise up
And make yourself well
Rise up, rise up
And make yourself well

Scream yourself awake
Snap out of the trance
Feeling clumsy watching others dance
And draining away
A tangle of nerves
Kick out of your way
And learn to

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And make yourself well

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