Thousand Foot Krutch, Hurt

Drop the ball, watch it fall far below Suck you in, hold your breath The undertow creeps in slow Everyone owns a gun deep inside It's just a matter of how much you let it slide

Drop the ball, watch it fall far below Suck you in, hold your breath The undertow creeps in slow Everyone owns a gun deep inside It's just a matter of how much you let it slide

Help me help you they wont be there Help me help you they won't see

It hurts when you need me And I can't break your fall It hurts when you can't see And it hurts

Drop the switch, scratch the itch, watch it grow Inch by inch, the cutting board, watch it swing to and fro Everyone carries one deep inside It's just a matter of how much you let it slide

Wash it off, take the loss, let it go Take it in, drink it up, we can just take it slow Everyone carries one deep inside It's just a matter of how much you let it slide

Help me help you they wont be there Help me help you they won't see

It hurts when you need me And I can't break your fall It hurts when you can't see And it hurts

It hurts when you need me And I can't break your fall It hurts when you can't see And it hurts

And it hurts when you're lonely
And I'm standing right beside you there
And it hurt when you told me
That you told me that you tried this on your own

Hope you never hurt Hope you never cry Hope you never lose your way tonight Hope you never crumble Hope you never fall Hope you never throw away the...

...Drop the ball, watch it fall far below Suck you in, hold your breath, watch it swing

It hurts when you need me And I can't break your fall It hurts when you can't see And it hurts

It hurts when you need me

And I can't break your fall It hurts when you can't see And it hurts

And it hurts