Various Artists, Just Stand Up!

Beyonc:

The heart is stronger

Than you think

It's like it can go

Through anything

And even when you think

It can't it finds a way

To still push on

Though

Carrie Underwood:

Sometimes

You want to run away

Ain't got the patience

For the pain

And if you

Don't believe it

Look into

Your heart

The beat goes on

Rihanna:

I'm tellin' you that

Rihanna/Miley Cyrus:

Things get better

Through whatever

Rihanna:

If you fall

Dust it off

Don't let up

Sheryl Crow:

Don't you know

You can go

Be your own miracle

Beyonc:

You need to know

Ref.(Sheryl Crow):

If the mind

Keeps thinking

You've had enough

But the heart

Keeps telling you

Don't give up

Ref. (Sheryl Crow/Beyonc):

Who are we to be

Questioning

Wondering what is what

Don't give up

Through it all

Just stand up

Fergie:

It's like

We all have better days

Problems getting all up

In your face

Leona Lewis:

Just because

You go through it

Fergie:

Don't mean it got

To take control, no

Leona Lewis:

You ain't gotta find

No hiding place

Keyshia Cole:

Because the heart

Can beat the hate

Leona Lewis:

Don't wanna

Let your mind

Keep playin' you

Keyshia Cole:

And sayin' you

Can't go on

Rihanna:

I'm tellin' you that

Miley Cyrus:

Things get better

Through whatever

Rihanna:

If you fall

Miley Cyrus:

Dust if off

Don't let up

LeAnn Rimes:

Don't you know you

Natasha Bedingfield:

Can go

LeAnn Rimes:

Be your own

Natasha Bedingfield:

Miracle

Carrie Underwood:

You need to know

Ref.(Sheryl Crow):

If the mind

Keeps thinking

You've had enough

But the heart

Keeps telling you

Don't give up

Ref. (Sheryl Crow/Beyonc):

Who are we to be

Questioning

Wondering what is what

Don't give up

Through it all

Just stand up

Mary J. Blige:

You don't gotta be

A prisoner

In your mind

Ciara:

If you fall

Dúst it off

Mary J. Blige:

You can live your life

Rihanna/Carrie Underwood:

Yeah

Mary J. Blige:

Let your heart

Be your guide

Rihanna/Carrie:

Yeah, yeah, yeah

Mariah Carey:

And you will know

That you're good

If you trust in the good

Ashanti:

Everything

Will be alright, yeah

Light up the dark

If you follow your heart

Mary J. Blige:

And it will get better

Mariah Carey:

Through whatever

Ref.(Sheryl Crow):

If the mind

Keeps thinking

You've had enough

But the heart

Keeps telling you

Don't give up

Ref. (Sheryl Crow/Beyonc):

Who are we to be

Questioning

Wondering what is what

Don't give up

Through it all

Just stand up

Fergie:

You got it in you

Find it within

You got in now

Find it within now

You got in you

Find it within

You got in now

Find it within now

You got in you

Ffind it within

Find it within you

Find it within