Victims Family, Out Of Hand

i know it's getting out of hand out of my sight and out of my mind and all these problems get locked up inside there is no place to run & Damp; hide i know it's getting out of hand out of my sight & Damp; it's out of my mind i don't want global suicide i can't help but feel my hands are tied... ... i feel and think it's out of hand and i know i'm not out of my mind i won't submit to suicide i know the problem's not inside