

# Xavier Rudd, Flip And Spin

Xavier Rudd "Flip and Spin"

So you lied to yourself, and you tortured your health.

Touch my feelings touch my hand, see the footprint in the sand, flip it over spin it around, let them s

Chorus: So you lied to yourself, and you tortured your health, youth is so awkward, I youth is so mu

Hey man you owe me for the beer, or should I owe you for the gear, put your money to your mouth

Chorus: So you lied to yourself, and you tortured your health, youth is so awkward, I youth is so mu

Some youths are stained by their raw survival game, pooling their money as they watch their sibling

Touch my feelings touch my hand, see the footprint in the sand, flip it over spin it around, let them s

And I must say I'm impressed, by the man inside your head, and I must say I'm okay, but I'll be on r

Chorus: So you lied to yourself, and you tortured your health, youth is so awkward, I youth is so mu

Youth is so awkward, I youth is so much more than fun, don't take this for granted, you'll taste it we