Xavier Rudd, Flip And Spin

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So you lied to yourself, and you tortured your health.

Chorus: So you lied to yourself, and you tortured your health, youth is so awkward, I youth is so much health you owe me for the beer, or should I owe you for the gear, put your money to your mouth health. So you lied to yourself, and you tortured your health, youth is so awkward, I youth is so much youth are stained by their raw survival game, pooling their money as they watch their sibling. Touch my feelings touch my hand, see the footprint in the sand, flip it over spin it around, let them so And I must say I'm impressed, by the man inside your head, and I must say I'm okay, but I'll be on the Chorus: So you lied to yourself, and you tortured your health, youth is so awkward, I youth is so much more than fun, don't take this for granted, you'll taste it we

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