Ziggy Marley, Into The Groove

Into the groove, where we lose ourselves just to find who we are into the groove, where we get to fly but we need not see the sky into the groove, where we escape from the surface of what we've become into the groove, come for the ride

Take the plunge, soak it up like a sponge don't be afraid of tonight, everything is gonna be alright take the plunge, soak me up like a sponge don't be afraid of the light, everything is gonna be just fine

Into the groove, where love grows to new heights into the groove, where the sun disappears but a light still shines into the groove, surrounded by the waters of desire, yeah into the groove, come for the ride

Catch the wave, free the slave, emancipate your mind cause nothing men do can change this time catch the wave (I'm gonna catch the wave), and free your slave (I'm gonna free my slave) emancipate your mind, hey nothin' they do can change this time

Light it up

Into the groove, where we lose ourselves just to find who we are into the groove, where we get to fly but we need not see the sky into the groove, where we escape from the surface of what we've become into the groove, come for the ride

Yeah, come for the ride