

# A Life Once Lost, Detest

A Life Once Lost

Iron Gag

Detest

I have to choose what I detest  
Either dreaming which my mind hates  
or action which my awarness loaths  
I am confused  
I sit alone in silence  
To focus on the way I am living

I am losing you  
and this place isn't comfortable  
I retaliate by not speaking  
So I guess I will lose  
I am losing you  
and this place isn't comfortable  
I retaliate by not speaking  
So I guess I will lose

Detesting both I choose niether  
But since I must on occasion  
Either dream or act  
I mix the two things together

I sit alone in silence  
To focus on the way I am living

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