Across The Border, Moving

(Out of the dreams)
(open your smorid eyes)
out of your bed
put your feet back on the ground
(curn the way)
let the sunshine in your heart
open the door
and out into the world

"[Refrain:]"
Into, into the world
you wanna change
(then here we are)
now do the things
you dream about
(it's not that far)

Start with a smile take your hands out of your pocket colour your face throw that black coat in the bin never give up Rome wasn't built in one day face that wind and back into the world

"[Refrain]"

move your ass move up your ass move your ass move up your ass move up your ass move up your ass move your ass move your ass move up your ass move up your ass

"[Refrain]"

"[Refrain]"