

# Alyson Stoner, Lost and Found

This is my world  
four walls and a view  
i stare at the ceiling  
chasing my feeling  
around in my head  
im so confused  
constanly wishing  
for what ive been missing  
in my life  
i learn to be strong  
when the walls are crumbling  
all around my heart  
You might say I feel lost and found  
You might say I'm all turned around  
this is the first time that I know who I am  
Cause now my feet are on solid ground  
before I didn't know up from down  
It won't be long 'till I find  
were I'm goin' now  
I must confess  
I was a mess  
I tried not to show it  
didn't want them to know it  
Cause everyone has  
their own cross to bear  
and mine is still waiting  
for everything to  
fall back into place  
But I learned to be strong  
When the rain is falling  
all around my heart  
You might say I feel lost and found  
You might say I'm all turned around  
this is the first time that I know who I am  
Cause now my feet are on solid ground  
before I didn't know up from down  
Thanks to love, I know were I'm going now  
You might say I feel lost and found  
You might say I'm all turned around  
this is the first time that I know who I am  
Cause now my feet are on solid ground  
before I didn't know up from down  
It won't be long 'till I find  
were I'm goin' now  
Don't look back  
Learn from the past  
Livin' for now is what keeps me going  
don't look back but hold the memories  
I can do this  
I must do this  
This is my world  
A much better view  
I feel myself growing  
without even knowing  
what lies ahead  
(what lies ahead)  
but who really knows  
I'll just embrace it  
with love, I can face it  
You might say I feel lost and found  
You might say I'm all turned around  
this is the first time that I know who I am  
Cause now my feet are on solid ground  
before I didn't know up from down

Thanks to love, I know where I'm going now  
You might say I feel lost and found  
You might say I'm all turned around  
this is the first time that I know who I am  
Cause now my feet are on solid ground before I didn't know where I was going to keep me up right  
I know where I'm going now  
I know where I'm going now  
I know where I'm going now