

# Amanda Wilkinson, It's Okay To Cry

Somewhere along the way we tough to keep it all together,  
We mask the pain we feel inside, to make everyone else feel better,  
You wrap your arms around yourself and bury all your sorrow,  
You can't hide from your emotions baby, they'll still be here tomorrow,  
If your heart won't let it flow,  
I want you to know,

Chorus

It's okay to cry (Everybody's gotta hurt sometime)  
Let those tear drops fly (Don't even try to dry your eye)  
Don't keep it all inside (In the mornin' it'll be alright)  
It's okay to cry

First you gotta fall apart to pick up all the pieces,  
If you don't learn to let it go,  
the pain inside increases,  
It takes more strength to hold it in then to give in and surrender,  
why's the first thing that we learn,  
the last thing we remember?  
Baby, tears don't make you weak, If I could only make you see,

Chorus

It's okay to cry (Everybody's gotta hurt sometime)  
Let those tear drops fly (Don't even try to dry your eye)  
Don't keep it all inside (In the mornin' it'll be alright)  
It's okay to cry

It ain't nothing at all  
Sometimes you gotta break down and let 'em fall,  
Baby that's true

Ohhhhhh

It's okay to cry (Everybody's gotta hurt sometime)  
Let those teardrops fly (Don't even try to dry your eye)  
Don't keep it all inside (In the mornin' it'll be alright)  
It's okay to cry

It's okay to cry  
Ohhhhhhhhhhh