

# American Lesion, The Elements

You have always lived like this  
You have always lived like this  
The ice blue chill, the dark gray sky, the frozen ground  
And the helpless feeling of insignificance  
You have always lived like this  
You have always lived like this, yeah  
The day's routine, the day's unsure, the day is done  
And the dreams of being somewhere you can't be  
The ice blue chill, the dark gray sky, the frozen ground  
And the helpless feeling of insignificance  
You have always lived like this  
You have always lived like this

You have always fought the elements  
They take on different forms  
There has always been a struggle  
With the things you can't perform  
You will always fight the elements  
They are not in your hands  
You will always fight the elements  
Unless you understand, unless you understand  
Unless you understand that  
You have always lived like this  
You have always lived like this