American Lesion, The Elements

You have always lived like this
You have always lived like this
The ice blue chill, the dark gray sky, the frozen ground
And the helpless feeling of insignificance
You have always lived like this
You have always lived like this, yeah
The day's routine, the day's unsure, the day is done
And the dreams of being somewhere you can't be
The ice blue chill, the dark gray sky, the frozen ground
And the helpless feeling of insignificance
You have always lived like this
You have always lived like this

You have always fought the elements
They take on different forms
There has always been a struggle
With the things you can't perform
You will always fight the elements
They are not in your hands
You will always fight the elements
Unless you understand, unless you understand
Unless you understand that
You have always lived like this
You have always lived like this