## Andrew Bird, Simple X

some people wake up on Monday mornings barring maelstroms and red flare warnings with no explosions and no surprises perform a series of exercises

hold your fire take your place around an open fire

before your neurons declare a crisis before your trace Serotonin rises before youre reading your coffee grounds and before a pundit can make a sound and before youre reading your list of vices perform the simplest exercises

so here at the end the war is over theres nothing left to defend no cliffs of Dover so let us put down our pens and this concludes our test our minds are scattered about from hell to breakfast

hold your fire take your place around an open fire dont open fire