

# Audio Learning Center, Broken

Stranglehold days  
wear you away  
pacing holes in linoleum  
stuck in a rut  
still love him too much  
hard to believe  
how far down you have come

Bottle to glass  
Glass to your mouth  
A ritual you've grown  
accustomed to these days  
Windows no lights  
alone in a room  
The afternoon sun abandons you

You're frozen stuck in the past  
'cause nothing good seems to last  
You broke down somewhere along  
'Cause nothing good lasts very long.

Your children all raised  
no one to tend  
You burned all the bridges  
with all of your friends who  
Stood by your side  
in sorrow and hate  
You've driven them  
driven them all away

You're frozen stuck in the past  
'Cause nothing good seems to last  
Afraid you'll fade till you're gone  
'Cause nothing good lasts very long

You make the worst  
of everything you  
Childhood dreams that never came  
Still can't accept  
he up and left you  
Wedding vows still remember the day

Your children raised  
no one to listen  
Pull the drapes shutting out the sun  
You pour yourself - yourself another  
While the out - the outside world  
moves on leaving you behind

Looping it inside your head  
'til it becomes frayed  
Stuck in a rut  
minutes turn hours into days