

Bahamadia, Pep Talk

(Verse One)

Follow my lead as I delve into channels of chi affix harmony
inwardly naturally

Sole purpose on the physical plane
is to master my mind soul spirit and anatomy
Gradually map out destiny

Embrace the oneness that rest in me

Build a force field for the negativity
then within it find out what the lesson be

Keep key elements to my survival elevating on spiral movement movin'
Subsequent to substance drawn off the perineum point or Hui Yin
union Of the fem and the masculine become primary goals for the selves
to blend amend connection between jing and shen
then be somewhere in the mix when life begins....

(Verse Two)

Inherited simpler ways to make better days

Striving to pave a steady trail evading the maze

Tending to exasperate peronal space
that in turn alienates and stagnates true state of your place

In the scheme of things

in accordance to whatever karm brings

Face truth even if it do like bee stings
or financially I'm up and down like moodswings

Attitude is till footloose and fancy free broaden my horizon
roaming the galaxy galloping ballantly

Limits and boundaries Haam be clowning

These feed off most high source surrounding me

See each and every movement merely
as a chance to bond and correspond with power of the all in existence

Life is a privilege

Learn it love it live it...

(Repeat verse one)