

Baz Luhrmann, Everybody's Free (to wear sunscreen)

Ladies and Gentlemen of the class of 99...

Wear Sunscreen

If I could offer you only one tip for the future, sunscreen would be it. The long term benefits of suns

Enjoy the power and beauty of your youth; oh nevermind; you will not understand the power and be

Dont worry about the future; or worry, but know that worrying is as effective as trying to solve an al

Do one thing everyday that scares you

Sing

Dont be reckless with other peoples hearts, dont put up with people who are reckless with yours.

Floss

Dont waste your time on jealousy; sometimes youre ahead, sometimes youre behindthe race is lon

Remember the compliments you receive, forget the insults; if you succeed in doing this, tell me how

Keep your old love letters, throw away your old bank statements.

Stretch

Dont feel guilty if you dont know what you want to do with your lifethe most interesting people I know

Get plenty of calcium.

Be kind to your knees, youll miss them when theyre gone.

Maybe youll marry, maybe you wont, maybe youll have children, maybe you wont, maybe youll div

Danceeven if you have nowhere to do it but in your own living room.

Read the directions, even if you dont follow them.

Do NOT read beauty magazines, they will only make you feel ugly.

Get to know your parents, you never know when theyll be gone for good.

Be nice to your siblings; they are the best link to your past and the people most likely to stick with y

Understand that friends come and go, but for the precious few you should hold on. Work hard to bri

Live in New York City once, but leave before it makes you hard; live in Northern California once, bu

Travel.

Accept certain inalienable truths, prices will rise, politicians will philander, you too will get old, and v

Respect your elders.

Dont expect anyone else to support you. Maybe you have a trust fund, maybe you have a wealthy p

Dont mess too much with your hair, or by the time its 40, it will look 85.

Be careful whose advice you buy, but, be patient with those who supply it. Advice is a form of nosta

But trust me on the sunscreen...