

Beach Boys, H.e.l.p. Is On The Way

Beach Boys

Landlocked

H.e.l.p. Is On The Way

Stark naked in front of my mirror

A pudgy person somehow did appear

Seems lately all i've eaten sugar and fat

It's getting obvious that's not where it's at

A big pot and tripey chin

Oh what condition my condition was in

Laughing at myself at what a crying shame

What ever happened to my greek godly frame

Cyclamates juicy steaks, sweet things too

Aren't always good as they seem

Doughy lumps, stomach pumps, enemas too

That's what you get when you eat that way

I read a book on organic foods

Jumped on a health food kick

Put me in the mood

You may not get to perfect overnight

But on the way you're feelin' clean out of sight

We ate tonight at fairfax and 3rd

We're gonna spread the news and give you the word

We hope that soon you'll eat like we did today

We're mighty thankful now that h.e.l.p.'s on its way

Salad with a special knock you right off your seat

With carrot juice to wash it all down

Yummy carob cookies are an organic treat

And h.e.l.p. has got the best food in town

H.-e.-l.-p.

H.e.l.p. your education creates much benefit and peace

Hamburgers and hot dogs throw 'em all out

You'll feel so good you'll jump up and shout

If you haven't why don't you go shopping today

And 'member now that h.e.l.p. 's on its way

H.-e.-l.-p.

Radiant radish