Becky Hill, Disconnect (feat. Chase & Status)

I ain't gonna lie to you Life's been fuckin' life-in' And I need a night or two To get me unwindin'

I feel like I'm stuck in cycles every day Come and get me out this loop So just switch it up for me It's time to get loose

If we disconnect
We ain't gotta be aligned
We can redirect
Everything that's on our minds, let it go
Change up your frequency and
You'll see how easily you'll disconnect
From everything that's on your mind

Disconnect From everything that's on your mind

Where's my fuckin' lighter crew? Put 'em up high then Now's the time to raise the roof We don't need the fightin'

When we're gettin' stuck in cycles every day We know how to make it through So just switch it up for me It's time to get loose

If we disconnect
We ain't gotta be aligned
We can redirect
Everything that's on our minds, let it go
Change up your frequency and
You'll see how easily you'll disconnect
From everything that's on your mind

Oh-oh-oh, let it go
Oh-oh-oh, just let it go
Oh-oh-oh, let it go
Oh-oh-oh, just let it go
Oh-oh-oh, let it go
Oh-oh-oh, just let it go
Oh-oh-oh, let it go
Oh-oh-oh, let it go
Oh-oh-oh, just let it go

Change up your frequency You'll see how easily you'll disconnect From everything that's on your mind