

Bodyjar, Self Inflicted

I can read you
I don't need too
Everything is someone else's fault
Responsaphobia is catchin' up with
I'm tryin' to forget my own strict guidelines I forgot to set.
The carpet sticks
The T.V's calling for you.

Denying everything
Might only make it worse.
But things are hard to say, when someone's leavin'
Somebody else is leavin now.

Now everything's been blown away
It's self inflicted I've just got to say
My own complacency replacing anger
A different life with only me
A life of nil is all that I can see
Confusion grows the pain will go in time but

Enough to make you stay
To stop me thinkin'everyday
If it only is
If it only could be
If it only was.