

# Bodyjar, Self Inflicted

I can read you  
I don't need too  
Everything is someone else's fault  
Responsaphobia is catchin' up with  
I'm tryin' to forget my own strict guidelines I forgot to set.  
The carpet sticks  
The T.V's calling for you.

Denying everything  
Might only make it worse.  
But things are hard to say, when someone's leavin'  
Somebody else is leavin now.

Now everything's been blown away  
It's self inflicted I've just got to say  
My own complacency replacing anger  
A different life with only me  
A life of nil is all that I can see  
Confusion grows the pain will go in time but

Enough to make you stay  
To stop me thinkin'everyday  
If it only is  
If it only could be  
If it only was.