

# BoyWithUke, Trauma

Growin' up I never had a lot of money  
I never had a phone  
Always was a little hungry  
Used to find it hard to sleep when I could hear my mother sobbing  
I was ten back then  
I didn't have a room  
Had to buy used shoes  
I hid behind tunes to avoid abuse  
And every time I fell I would blame it on myself  
Even if it was an accident

Maybe it's not what I want  
Oh, I've seen better days, and the moment f\*ing sucks  
But I'll be damned if I don't stop  
And honestly, why not when nobody gives a f\*?

But sometimes I just can't help myself  
I want to give up trying and start doing something else  
Sometimes I just get overwhelmed  
I know it's in my mind but I think I need some help

'Cause sometimes I just can't help myself

I was an outcast  
Thrown out to dry and get laughed at  
Too shy to talk about home  
I always thought life was supposed to be cold  
Oh, I've been so lost without hope  
I got a window in my head, it's a casket  
You know I be wishing I was dead, but I mask it

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But I'll be damned if I don't stop  
And honestly why not when nobody gives a f\*?

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Because it's all I know  
My hand's around my throat  
Pray that I won't let go this time around  
But every single time I try to shut my eyes  
I see the reason why I'm not alone

But sometimes I just can't

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Sometimes I just get overwhelmed  
I know it's in my mind but I think I need some help

Sometimes I just can't help myself