

Breaking Pangaea, For a Word

For a word or a phrase.

I could think about for day show I hurt you over this.

For a time, I was strong, not so long ago.

I don't want to go anymore

but I'm trying to leave so a word or phrase gets me out of this forever.

I could hurt you so I never say good bye.

In my mind, once a day, to escape,

ask the question "are you trying to leave?"