Bryan Adams, Sometimes You Lose Before You '

If you try to run, before you crawl As sure as hell, you're gonna fall So take your time, to breathe again Just let it out, and let it in...

You're life can be, a merry go around and round, and before you know You're back to where you start again So let it out, and let in...

Cuz you're gonna fall with the grace of a cannonball But you're gonna rise like a tide above it all You gotta play - play your hand - or die where you stand Sometimes you fail before you begin Sometimes you lose before you win

Gotta try - to live your life A quarter mile at a time Hear the starting gun and you begin Just let it out, and let in...

You're gonna run like the river runs deep You're gonna blow like the wind - wind of change You gotta find - find the spark - that lights up the dark Sometimes you fail before you begin Sometimes you lose before you win