Cannibal Corpse, Bent Backwards And Broken

Twisting limbs untill they break Contortions wrenching pain

Joints are hyperextended Opposite Backwards and broken Bent Fibrous tendons snap

Hateful physical control Opposite ways Elbows bend and pop Fingers cracking Connective tissue torn

Knees are shattered Unrelenting warping strain Sinew ripped from bone Ankles give way

Back is arching Spinal pressure builds Predacious entanglement, form is distorted Total collapse

Splintering bones causing internal bleeding Grotesque rearrangement, body contorted

Abundance of injuries, pain is exceeding Every joint in the body is turned the wrong way

A debt to the nemesis forcibly paid

Arching the back Vertebrae crack Fracture the spine Can't realign

[Solo Jack Owen]
Torque on the neck
Amorphous blob
Structure is wrecked
An end to macabre

A torturous lesson in physical terms
The only way some people learn
Forcing the joints unnatural flexion
Stretching the body in every direction

[Solo Pat O'Brien]
Twisting limbs until they break

Bent Bent Contortions wrenching pain Bent Backwards and broken