

# Capdown, Act Your Rage

Life these days has high demands,  
Seems like so much is out of our hands,  
But we gain so much more control when we just,  
Take a little help from our friends.  
If you struggle why live in isolation?  
No other reason than a ridiculous convention,  
Designed to make us think we're not fit to,  
Unite and progress ourselves.

You don't need to do it by yourself.

We're taking hold of our future,  
Creating a place where our ideas can prosper,  
We got so much control now we just,  
Take a little help from our friends.  
If you struggle why live in isolation?  
No other reason than a ridiculous convention,  
Designed to make us think we're not fit to,  
Unite and progress ourselves.

You don't need to do it by yourself.

Why should we have to live this way  
Now its time to ACT YOUR RAGE!