

Cat Burns, ghosting

I promise I'm not ghosting you
There's just a couple of things I'm going through, -ing through

I always come first, prioritise myself
'Cause I could lose it all
And fall down a deep hole
I gotta watch my mental health
(So) I recharge alone
(Don't) take it personal
(I'm) just an introvert

So don't stress, I'll be fine
I just need some time to get out of my mind

I promise I'm not ghosting you
There's just a couple of things I'm going through, -ing through
And I don't wanna be a Debbie downer on your life
So I'll wait till I'm alright before I call you, call you

I know it's been a couple weeks since you've seen my face
Wondered if I'm okay, just been in bed all day
Sometimes it gets too much
Don't wanna see anyone
I deal with it on my own, on my own

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I just need some time to get out of my mind

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