Ceili Rain, Barely Stay Inside Of My Own Skin

Well I can hardly stand the heightened state I'm in Barely stay inside of my own skin Can't believe the life I get to live Can't conceive the joy I have to give All because- because of you Cause you made me- made me new I am not the frightened guy I've been Barely stay inside of my own skin

Well I can hardly keep the pace and catch my breath Barely tell my right foot from my left Got a giant guyser in my heart Blowin' up but hopefully not apart All because because of you Cause you made me- chase the truth Not the timid guy I've always been Barely stay inside of my own skin INSTRUMENTAL Well I can see the dawn of brighter, bold new days See my troubles wilt and blow away See us holdin' hands both black and white See myself, attempting what is right All because because of you Cause you made me- wanna come through Not the empty promise that I've been Barely stay inside of my own skin

Jump, jump, jumpin' right out of- jump, jumpin' outta my skin Jump, jump, jumpin' right out of the rest of the mess to the pickle I'm in