Charlotte Church, Confessional Song

I'm gonna be hypnotized To stop me from smoking Everyone keeps telling me It's bad for my voice I'm gonna stay home tonight So I don't get hung over Get myself a takeaway And watch MTV

This is not a confessional song I'm just singing to myself My situation didn't leave me strong Everybody needs a little help

Got myself a little dog (Sasha) She's 18 weeks old now Guess she's just a substitute But I don't know what for I was born a Catholic (poor old Father Delaney) Now I'm on a guilt trip That I try to suppress