

Chris LeDoux, Slow Down

Well I used to laugh with an old friend till the busy world pulled him away
Every now and then I see him again but he's not the same man I knew yesterday
His smile just grows smaller and smaller and the worry lines fill up his face
But lately I'm thinking the next time I see him just what I'm gonna say
Slow down man in the mirror slow down
You're running too fast to see what life's all about
This world ain't a fire for you to put out
The best times are here and now slow down

Some days I look back on the hard times and they really don't seem all that bad
Well I've got to admit I like what I've got but God I sure loved what I had
But it's only on top of the mountain after burning your life at both ends
You look back to see where you want to be is exactly where you've always been
Slow down man...