## Confide, In Reply

I was backed in a corner and left myself no room at all.

I let myself wide open to fear and in the end, so vulnerable.

You will take back every word you said.

Show me how to pull back from the thoughts that seem to break me apart and they hold me down.

Show me a way back to you when I'm so deep in fear and I feel theres no escape, I can't hear you "Can you breathe as I'm half way down your throat?

As I'm the weight thats resting on your chest.

As I'm the pressure thats weakening your lungs."

This feeling just keeps repeating, I know its got a hold on me.

I've been left alone for too long or thats just how it seems.

Drag me out alive from this, thats all I need right now.

And when its over, I'm over this, you will see how weak I was.

Show me how to pull back from the thoughts that seem to break me apart and they hold me down.

Show me a way back to you when I'm so deep in fear and I feel theres no escape, I can't hear you

I believe we can make it,

just settle down, settle down.

I've got a feeling its beginning to make sense.

I've got a feeling that this is turning.