Da Vinci's Notebook, Me Pants Fall Down

Me live de life of leisure in me house here down de bay Me wife cook anyting me want, me eat six times a day Me woman she cook de chicken, yes, she cook de beans and rice With rum banana pudding, me livin' de life of paradise

De only consequence is dat me weigh 300 pound And now de clothes dat fit meHa! Ha!nagwah can be found Jah know me hear de riddems, Jah know me want to dance around But every time me take a step me pants fall down

Me gut so big and round
She make me pants fall down
Me trousers on de ground
Because me pants fall down
Me belt she loop around
And still me pants fall down
Yah hear da whooshing sound
Jah know me pants fall down

Shriekback, flashback, give de dog a bone Jah crack way in back, John Brown on de phone

Me try de Atkins diet, cause me worry 'bout me size Me lose de bufu inches from me bumbo and me thighs Me wife she make de grapefruit an' de yogurt, oat and bran She say dat though there less of me, me no de lesser man

Me like before and after picture since me shed me pound Jah know me hear de riddems but Irie, she no be found Before me clothes to little and me was too big around And now me got no middle, so me pants fall down

Me lose de hundred pound And still me pants fall down Me face is going to frown Because me pants fall down Me walking like a clown Because me pants fall down Me naughty bits abound Because me pants fall down

Shriekback, flashback, give de dog a bone Jah crack way in back, John Brown on de phone

Shriekback, flashback, give de dog a bone Jah crack, hacky sack, John Brown on de phone